## THE CDC CORNER

Providing supports and services to children, families and individuals with disabilities while addressing the health and well-being of all persons in the communities in which we serve.



## SOCIAL MEDIA SPOTLIGHT



Check out our Facebook and Instagram to see how we celebrated our amazing Children's Center for Autism (CCA) staff on World Autism Awareness Day! World Awareness Day is recognized every year on April 2<sup>nd</sup>. We are so proud of our CCA program. Shoutout to our amazing Clinical Coordinator and her fabulous team of Board Certified Behavior Analysts and Registered **Behavior Technicians!** 



## ENABLING TECHNOLOGY SUCCESS STORY

#### **HOLIDAYS**

May 15 Tuberous Sclerosis Global Awareness Day May 15 Global Accessibility Awareness Day

June 21 Global Day of Recognition of ALS/MND

une 23 Dravet Syndrom

uly 13 Gastrointestinal Stroma

uly 22 World Fragile X Syndrome

Awareness Day

The Community & Employment Services (CES) team wants to celebrate Neil, one of the MAPs Participants, for his success with using Enabling Technology to prepare meals for himself safely, follow his hygiene routine, and keep himself safe at home. The CES team was able to purchase an induction cooktop, a smart microwave, Ring Doorbell and outdoor cameras, and an Echo Show for him to have in his personal apartment. Neil is able to use his Echo Show and Ring doorbell to see who is at the door and know if it is safe to let them inside. He also has set reminders through the Echo to remind him to brush his teeth and shower so he no longer has to rely on his mom for prompts. One of Neil's favorite Enabling Tech items is his induction cooktop as it allows him to safely prepare food for himself in his new apartment.

## **Local Happenings**

**Bedford County:** 

Christmas in July | 4:30pm on Thursday, June 26th - Saturday, June 28th at the Bedford County Agriculture Center, 2119 Midland Road, Shelbyville, TN 37160

<u>Coffee County:</u> Good Friends Music Fest | Friday, June 6<sup>th</sup>

at the Common John Brewing Company, 210 Woodbury Highway, Manchester, TN 37355 Saturday, June 7<sup>th</sup> at the Rotary Park Amphitheater, 557 N Woodland Street, Manchester, TN 37355

**Davidson County:** 

Music City Hot Chicken Festival | 11am - 3pm on Friday, July 4th at East Park, 700 Woodland Street, Nashville, TN 37206

Franklin County:

High on the Hog Festival | 7am - 11pm on Saturday, May 10<sup>th</sup> - Sunday, May 18<sup>th</sup> at 1547 Phillip Fulmer Parkway, #1503, Winchester, TN 37398

**Giles County:** 

**SunDrop Festival** / Saturday, June 14<sup>th</sup> at Historic Downtown Pulaski, TN 38478

**Hickman County:** 

7th Annual Keg County Arts & Crafts Fair | 9:00am - 4pm on Saturday, May 10<sup>th</sup> at Centerville Courthouse Square, 405 West Public Square, Centerville, TN 37033

**Lawrence County:** 

**Lawco Freedom Fest** | 4pm on Saturday, June 28<sup>th</sup> at Rotary Park, 927 North Military Avenue, Lawrenceburg, TN 38464

**Lewis County:** 

Lewis County Summerfest | 8am - 8pm on Saturday, June 7th at Main Street, TN 38464

<u>Lincoln County:</u> **2025 Spring Event** | Friday, June 13<sup>th</sup> - Saturday, June 14<sup>th</sup> at 1003 Hedgemont Avenue, Fayetteville, TN 37334

**Marshall County:** 

Marshall County Farmer's Market | 6:15am - 12pm on Saturdays in July at Rock Creek Park, 300 Old Farmington Road, Lewisburg, TN 37091

Maury County: Homestead Festival | Friday, June 6<sup>th</sup> - Saturday, June 7<sup>th</sup> at 4765 Hardison Mill Road, Columbia, Tennessee 38401

<u>Moore County:</u>
Frontier Days Steak Cookoff | Friday, June 27<sup>th</sup> - Saturday, June 28<sup>th</sup> at Wiseman Park Road, Lynchburg, TN 37352

**Rutherford County:** 

Cheesecake Festival | 10am - 4pm on Saturday, May 17<sup>th</sup> at 315 John R Rice Boulevard, Murfreesboro, TN 37129

**Williamson County:** 

Franklin on the Fourth | 10am - 6pm on Friday, July 4<sup>th</sup> at Downtown Franklin, Tennessee 37064



## In The Community

## Building Bridges

The first Building Bridges events of 2025 were so much fun! In Lewisburg we bowled at Funtime Bowl. In Tullahoma we bowled at Tullahoma Bowling Lanes. In Shelbyville we bowled at Lightning Lanes. In Fayetteville we held a Bingo Night at the Fayetteville Recreation Center and played bingo. Z, April, and Nathan absolutely loved winning prizes!















DDH 2025



Each year, Disability Day on the Hill serves as an opportunity for the Tennessee disability community to come together and participate directly in the legislative process. This year, Community Development Center staff were able to learn and share with Tennessee resources at the Tennessee Disability Coalition Community Party. They even spent some time with Giles County Advisory Board member and Family Voices of Tennessee staff member,

**Chrissy Hood!** 

"Liberty. Not Limits."



## **Early Intervention**











Early Intervention is "reaching out to serve" by participating in four child find and public awareness events this quarter.







Early Intervention attended the Coffee
County Community Baby Shower, the
Resource Fair in Giles County presented by
UT Southern Special Education Department,
Journey's Spring FRC Fair in Manchester,
and the Giles County Family Expo in Pulaski.



### The Children's Center for Autism

CCA has been busy over the past couple of months!
Our kiddos are learning to follow schedules, talk, communicate, follow directions, and go to school! We are so proud of everything they do.

directions, and go to school! We are so proud of everything they do.

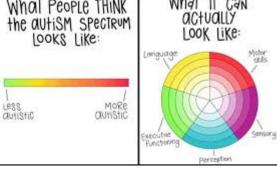
What People THINK the autiSM Spectrum Look Like:

Look Like:

In April, we celebrate Autism Awareness and Acceptance month. CCA fully believes in the potential of each child, and supports inclusion in all things.

#### Here are some facts about Autism:

- Affects 1 in 36 children in the United States
- Boys are 4 times more likely to be diagnosed than girls
- No one single identified cause for Autism
- People with ASD may have unique strengths and abilities
- ASD is a spectrum disorder, meaning symptoms and severity vary widely





### **SUMMER FUN IDEAS!**





- KidsBowlFree.com Did you know that your child (Ages 2-15) can bowl 2 games for free every day in the summer? You just have to pay for shoes. Use the link to sign your child up.
- Columbia Children's Museum https://www.amuseumcolumbia.com/
- We ROCK the Spectrumhttps://www.werockthespectrumnashville.com/
- Tennessee Aquarium <a href="https://tnaqua.org/plan-a-visit/">https://tnaqua.org/plan-a-visit/</a> They have a lot of inclusion opportunities and even have sensory bags to borrow.

- Nashville Zoo
  - https://www.nashvillezoo.org/accessibility They have Zooper Packs which include visual schedules, sensory toys, and ear plugs, etc.
- Chattanooga Zoo
  - https://www.chattzoo.org/visit/amenitiesaccessibility They have lots of initiatives to include! They have quiet spaces, sensory bags, weighted lap pads and more.
- Local Libraries Don't forget to include your local libraries. Most have a story time each day!

#### LOOKING TO HELP SUPPORT THE CCA PROGRAM?

Here is a list of possible donation items that CCA uses on a daily basis to help support our kids:

Laminating Paper - Velcro - Multi Colored Construction Paper - Glue - Washable Paint - Sensory Bin
items like: dry rice, dry beans, dry pasta, playdoh, cornstarch, bubble wrap, sand, colorful fish rocks, etc.

### Independent Support Coordination/TN Strong Families

#### William's Achievements

This year has been a period of significant growth and achievement for William Scott from our ISC program. While William has always been an achiever, his accomplishments this year have been truly outstanding and deserve a special spotlight. His dedication to Taekwondo has paid off in a big way, as he proudly earned his second-degree black belt! Adding to the excitement, William also achieved his long-term goal of getting his Tennessee driver's license. And that's not all – his CPR certification has opened up a fantastic opportunity as a lifeguard at the YMCA in Middle Tennessee. William's mother, the Community Development Center, his amazing ISC Martha, and all his family and friends are bursting with pride, especially for everything he has accomplished this year. It's inspiring to see person-centered goals become reality with the incredible support of our ISCs and Department of Disability and Aging staff. We can't wait to see what amazing things William will achieve next!

#### A New Home For Amanda

Amanda is excited that she will be moving to a new home with TPA! Amanda is looking forward to being able to be more independent in her daily living, as well as being able to work with her new staff. Some things that Amanda are excited about include the fact that her new agency is taking her to see the Enabling Technology model home and will help her choose among things like an iPad or a medicine dispenser that will allow her to become more independent. Amanda is also excited that she will be able to live by herself, and have staff that supports her when it comes to decision-making and doing things she enjoys in the community.





**Family Support** 

## Announcing 2nd Annual "Purses for a Purpose" Fundraiser

It was a tremendous success last year – the inaugural "Purses for a Purpose" fundraising event for the Family Support Program! With more than 300 purses/billfolds and bags donated, the event raised more than \$2,800 for the program! The date has been set for Saturday, June 7, at Edgemont Baptist Church in Shelbyville, TN from 9am – 2pm. The focus now is **DONATIONS**! Purses, billfolds, wallets, totes, and bags are needed and may be dropped off during the work week at any of our CDC sites in Shelbyville, Lewisburg, Fayetteville, and Pulaski. Just look for the marked bin outside. For more information or questions, reach out to FS Coordinator Christy Jensen, 931–684–7673.







#### Mandy's Beach Chair

Summer vacation time is almost here! As you, or someone you know, in our disability community begins making travel plans and is thinking about renting a beach wheelchair, reach out to the CDC and use this one. "Mandy's Chair" was donated to the CDC by Mandy's mom, Carol Jean, both longtime friends of the CDC, in hopes it could be given to another family to use. In recognition of Carol's big heart and our love for Mandy, we decided to hang on to the beach chair and make it available on loan to families to use on their vacations. Carol loved this idea. It's our way of sharing the blessing of having Mandy Jean as a part of the CDC.



# Community & Employment Services



SUCCESS STORY!

The Community and
Employment Services team
has had a busy start to the
year. The Pre-Employment
Services program expanded,
now serving Richland High
School, Hickman County High
School, and Fayetteville
Middle School. Planning for
Summer Pre-ETS Camps is
underway and the CES team
looks forward to serving
students across our
counties over the summer.

The CES team attended a Transition TN Regional Training in February in Smyrna. The training helped the CES team learn about a Community Approach to Pre-ETS and allowed them time to bond with other Pre-ETS providers and team members.

The MAPs program continues to grow, with the Community and Employment Service program adding 6 new individuals since December. The MAPs program now serves 27 individuals total across 9 counties.

The CES team began
working with Esther in MAPs at the
beginning of 2024. Ester wanted to increase
her independence by getting her license to
travel independently, learn how to be safe in
her home, and learn how to manage her
finances independently. Through working with
the CES team and the use of Enabling
Technology, Esther was able to increase her
independence in all three areas and the CES
team was able to get all of her Year 1
Milestones completed. Esther now has her
driver's licenses and is driving herself to work
and throughout her community. She feels safer
in her home both with cooking and knowing
how to respond to emergencies, and she has
better management of her finances and can
budget money for her expenses. Esther is
loving the MAPs program and feels she is

## Senior Equipment Loan

### **Bath Chair**



Also known as a "shower chair", bath chairs make a world of difference for individuals with disabilities and limited mobility. Bath chairs:

- Improve your safety
- Help you maintain good hygiene
- Make you feel more independent and empowered
- Improve the quality of your life

**Source:** All Terrain Medical

#### How is a bath bench different from a bath chair?

Bath or shower chairs can be removed from the shower or bathtub. A bath bench eliminates the challenge of stepping in or out of the bathtub. Benches are recommended for individuals with poor balance or for those who struggle getting into and out of the bathtub or shower.

Source: Right at Home

### **Bath Bench**



### Welcome to the Team!

**Zoey Jensen Allison Ferrell** Whitney Nash Amanda Watson **Michelle Shelton Tabitha Martinez Ashlev Yates** 

**Independent Support Coordination Early Intervention** Lincoln CCA **Marshall CCA Lincoln CCA Early Intervention** 

February 10 February 10 February 19 February 24 March 3 March 17

### Staff Spotlight

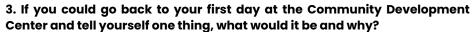
Learn all about Early Interventionist, Mandy Kellar!

1. What is the best book/movie/TV show you have ever read/watched?

I love old television shows! I enjoy Roseanne and King of Queens.

#### 2. What inspired you to pursue your career path?

When I was growing up a lot of my family members were educators and I decided to choose education as my career path as well. When I was in school I had a select few teachers that I felt truly helped me and I knew that I wanted to be that person and help others. I have always loved children and have seen some of their struggles and wanted to take it to the next level outside of a classroom.



Don't try to learn everything at once. (I always want to know everything right away)

4. If you could have any superpower, what would it be? I would love to have super speed so I would never be late!

#### 5. What advice would you give to someone who wants to enter your job position?

I would tell them to research the things that they are unsure about and give themselves grace!





### Read All About It!

#### 27th ANNUAL HELPING HANDS GOLF CLASSIC

The 27th Annual Helping Hands Golf Tournament will take place on Thursday, May 8th at Saddle Creek Golf Club. Proceeds will benefit both the Early Intervention program and the Children's Center for Autism in Marshall County. Thank you to all of our 2025 sponsors for supporting the children of Marshall County!



### **Contact Us**

Children's Center for Autism: (931) 684-2293 **Early Intervention:** (931) 684-9203 Community & Employment Services: (931) 684-4269 Family Support: (931) 684-7673 Independent Support Coordination: (931) 680-0094

Main Office: (931) 684-8681



Community Rewards Program



https://www.instagram.com/ community developmentcenter/



https://www.facebook.com/ CommunityDevelopmentCenter



http://www.cdctn.org







http://givingmatters. civicore.ora

United Way of South Central Tennessee